

Restoring your Bite! The Benefits for Seniors and Dental Implants



Dr. Larry Lake is a licensed psychotherapist and is the CEO of BayView, as well as its parent

organization, the St. Johns Welfare Federation. Lake says “as a local nonprofit healthcare provider, we are excited about how this FORUM can help share the knowledge and expertise of the more than 280 healthcare professionals at BayView and across our continuum of care. In each issue we will address an area of interest to help consumers be even more informed about their health and wellness.”

In this FORUM, Dr. Anthony Corral shares with us the bite and smile benefits of dental implants.

I want to share this wealth of knowledge behind the voice of modern dentistry. This practice is evolving with the techniques for an ever lasting smile.

Dr. Anthony Corral completed his undergraduate education at Johns Hopkins University. He graduated from Temple University’s prestigious School of Dentistry. He is a member of Florida Dental Association, American Dental Association and N.E. District Dental Association.

Implants do not decay and are also easier to clean and floss because the teeth are not fused together as they are with bridgework. If one of the supporting crowned teeth breaks or develops decay or nerve damage, the bridge and its three or more crowns must be removed and replaced.

The implant technique involves surgically placing a titanium screw — the implant — into your supporting jaw bone, which can be done under local anesthesia typically in less than an hour, and attaching a small fake tooth called an abutment, followed by a crown. The resulting tooth looks and feels like a natural one.

bridge must be attached to teeth on either side of the space left by the missing tooth. Obviously, this is not a very “secure” solution and is often considered “uncomfortable.”

The advantage of dental implants is that no adjacent teeth need to be prepared or “ground down” to hold your teeth in place. For older people who lose teeth, implants have become the modern treatment of choice.

Critical to the success of implant technology working for your smile and bite is the proper selection of a dentist to perform the implant(s). At St Johns Family Dentistry, we do implant dentistry almost every day and all of it under our roof, including the surgery. We have considerable experience with implant procedures and are expert at coordinating care to make sure you have a great experience.



*Dr. Anthony Corral, Dr. Michelle DeFelice Hucke and Dr. Kelly Carrothers
St. Johns Family Dentistry*

Restoring your Bite and Smile with Dental Implants

As much as your cell phone has changed since 1994 know that dentistry for seniors has changed even more. Technology has made most dental procedures more comfortable for the patient. It has also reduced the time you have to spend in the dentist office along with the number of visits you need to make to accomplish things. Dentistry

is now often completely pain-free with amazing results. And, most importantly, almost everyone can enjoy a beautiful smile and functioning bite thanks to financially affordable procedures.

Dental implants to replace missing teeth are by far the best long-term solution for maintaining a healthy mouth and a nice smile as we age. When you are missing individual teeth bridge-work is used to replace those teeth, the

On average the cost for a dental implant is similar to that of a bridge and where bridges have an average life span of 10 years, an implant will most likely last the rest of your life.

Health & Medicine



Dr. Anthony Corral of our Practice, has successfully placed hundreds of implants with satisfied patients aged 65+. He is regularly continuing his training in this field to stay in the forefront of this exciting new technology.

It is important for seniors to know the alternative options available besides dentures. For many people dentures are simply not comfortable or even possible, due to mouth pain, poor ridges, dry mouth or gagging. Dental implants fuse to your jawbone, providing stable support for artificial teeth in a manner that dentures can not -- implants won't slip or shift in your mouth — an especially important benefit when eating and speaking. This secure fit helps your teeth feel more natural than dentures. For those who have lost most of their teeth, implants can be used to anchor a full or partial denture.

About 500,000 older Americans get implants each year. So, you are not alone in using this great new technology.

Implants are a very successful procedure with a 97% success rate reported nationally in the United States.

A key note, a patient's health, **not age**, determines how long it takes for an implant to take hold. "Age" does not matter in terms of success or failure with this procedure; we routinely do dental implants for patients in their 70s and 80s.

Make no mistake; getting dental implants will change your life. The differences in this technology versus bridges and dentures is dramatic – the most significant advancement in dentistry since anesthesia.

If you have traditional health and dental insurance, many insurance companies now cover dental implants. However, the bulk of our patients do not have dental insurance, or it is denied by their insurance. Dental practices like ours work to make implants affordable with easy payment plans and in some cases "interest-free" financing. *ny*



Health & Wellness Forum

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BayView Healthcare is a private, not-for-profit comprehensive continuum of healthcare provider founded in 1920. Our superior level of services includes short-term inpatient and outpatient rehabilitation, skilled nursing at BayView Rehab at the Samantha R. Wilson Care Center, BayView Home Health and BayView Assisted Living at The Pavilion and Buckingham Smith, an Emergency Charitable Assistance Program and BayView Wellness. Caring Hands-Caring Community is a separate 501(c)3 charitable organization founded in 2004 by our parent organization. It was formed to support the exceptional services and continuum of care provided to people in need of healthcare services and financial assistance. For further information about any of the programs offered through the BayView Healthcare continuum please call (904) 829-3475.